

innerview

Newsletter of Inner Wheel Club of Bombay

June 2015



Compassion

Abha Gupta
I.I.W. President

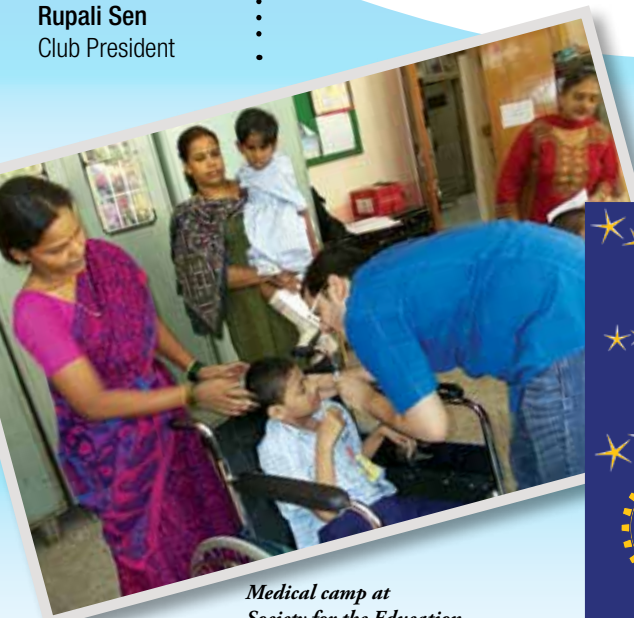
Dr. Rashmi Sharma
Association President

Himadri Nanavati
District Chairman

Rupali Sen
Club President

Commitment

Service



*Medical camp at
Society for the Education
of the Crippled.*



**Light
the
Path**
I.I.W. Theme 2014-15



*Vriksharopan,
traditional tree
planting programme.*



*Bringing joy to
differently-abled
children.*



*Ambulance
donated to senior
citizens.*



*The rural project
at Panvel.*





Inner Wheel has been a very important part of my life. It gave me confidence, good friends and an opportunity to do something for Society. For people like me who want to contribute but do not know how to go about it, Inner Wheel is the best avenue. I took Inner Wheel very seriously and after 40 years I am still active! My contribution may be a drop in the ocean but it gives me satisfaction and a lot of good work has been done with our collective efforts.

PDC Kanta Anand

DISTRICT CHAIRMAN 2014-15



As the Inner Wheel Year 2014-15 is inching towards sunset, I have pleasant memories of working with the vibrant members of your club. Bombay Club being the first club of our District has always been an ideal example for all of us in our process of learning. Thanks to all the past dignitaries for their enriching contribution for the growth of IW District 314.

President Rupali has been extremely cooperative. Due to her efforts your Club was represented by a large number of members at all the District functions. She always said "I am sure I will be able to do it," and she has done it! Thank you also for perfectly handling the registration at the Rally.

My best wishes to Falguni for her journey ahead.

You have truly Lit the Path.

Himadri Nanavati

ZONE 1 Co-ORDINATOR 2014-15



Congratulations for a wonderful year of service and friendship under the dynamic leadership of President Rupali. IWC Bombay has consistently been a model club for all the other District clubs.

This year I had the good opportunity of attending the awareness programme on Healing and Wellness through Yoga. A superb idea, very well executed! The day picnic organised for differently abled children left me awe struck and inspired. Projects like these make the hard work and effort all the more meaningful!

Many thanks to President Rupali who was always active and supportive in every project undertaken at the Zonal level.

Last, but not least, heartfelt gratitude to District Secretary Falguni for her guidance and support.

Mita Sheth

Looking Back...

Back in 1963, I realized that the first Inner Wheel Club had been formed in another city, offering service and social work to the community. A friend and I thought that this was a wonderful concept, and we founded the second chapter of Inner Wheel in India, here in Bombay. More and more ladies got interested in this project, and our membership rapidly increased.

At that time, I used to take my small son and my dog to the open fields near the airport, so that they could run around and play. Small children from the nearby Sutharpakhadi village used to come and play with my dog. Many of them had small injuries or illnesses, and I began taking basic medicine along with me, to help them out.

This gave rise to the Sutharpakhadi Project. A group of Inner-Wheel members and I began to go there once a week, along with four doctor members, to treat the villagers for free. We eventually raised enough funds to build a small dispensary there.

Sutharpakhadi had no water supply, so our club went to the BMC, and after going through much red-tape, we eventually secured a permanent pipeline for them. The villagers were extremely grateful to us for this.

The success of this project urged us to expand our scope of work. With the unswerving dedication of Mrs. Raksha Mehta and other ladies like her, our Club began to work with other villages around Bombay, where we began to offer medical and educational opportunities to the villagers. For the last 22 years Raksha Mehta has been the motivating force for the constructive development work in 40 tribal villages near Panvel.

I am truly proud of the work that Inner Wheel has done over the years. May it continue to grow, flourish, expand and offer dedicated service to the community.



Founder District Chairman Silla Ardesbir felicitated by District 314 at 'Wonders of Women' function in January 2015.

Silla Ardesbir, Founder District Chairman
Author of Inner Wheel Prayer

PRESIDENT 2014-15, INNER WHEEL CLUB OF BOMBAY



At the onset, I thank our seniors and members who have bestowed upon me this honour and who have always been present to guide and advise me as the 52nd President of our Club. It has been a privilege and a pleasure to work under the leadership of District Chairman, Ms. Himadri Nanavati.

This has been an enlightening and eventful year, enriching me personally, as I learned to juggle responsibilities with the available time. On-going projects and the tempo of activities has been a collective effort, diligently managed by all our members.

Opportunities for 'payback to society' are many. As depicted in this newsletter, we've had a non-stop roster of projects covering the community, disadvantaged children, the aged, medical assistance, empowerment of women and many more.

I am also happy that our Club has had an increased level of interaction at the District level, especially with Zone I Presidents. I congratulate and welcome Falguni Mehta as the in-coming District Vice Chairman, PDC Jyoti Doshi as the in-coming Extension Organiser as also our in-coming Club President Rashna Cooper along with her team. I wish them a successful year.

Rupali Sen

A Good Start



Rupali Sen was installed as 52nd President at a function on July 3, 2014. Flanking her (from left) are Guest of Honour Rotary President Shailesh Haribhakti, Chief Guest PDC Jyoti Doshi and Keynote Speaker Kalpana Lajmi.



Bombay Club seniors at the installation.

PRESIDENT 2014-15, ROTARY CLUB OF BOMBAY



Our Inner Wheel Club is doing exemplary work with significant impact. The closer interaction with Rotary has resulted in fresh and renewed momentum. The reach to over 500 children who will receive slumber kits as well as the support to the differently abled will go a long way in reaching the core messages of Rotary. I commend the work done and convey my best wishes for continued excellence in everything you do.

Shailesh Haribhakti

One With the District

Having played a pivotal role in establishing District 314, Inner Wheel Club of Bombay continues to contribute actively to support its projects and activities.



Handling registration at the District Rally.



'Check Dam' Project at Talasuri Taluka.



DC Himadri with the 2014-15 team at the OCV meeting.

CC Niloufer is crowned 'Fitness Princess' at 'Don't Pause at Menopause' by incoming DC Dr. Sandhya.



My association with Inner Wheel began forty years ago and during that period, it has touched my life in several ways, making it richer and warmer.

The biggest impact was my exposure to the 'Other Society' which exists alongside ours, yet is miles away from us. For a lady like me leading a protected privileged life, it was a shocking revelation to see people in zopadpatties living in utter squalor, yet with a smile on their face and hope in their hearts.

The sight of disabled children laughing, playing, swimming, painting, trying hard to live life as normally as possible brought tears to my eyes.

These heart-wrenching experiences taught me how Hope, Faith and a 'never say die' spirit can change your life.

Thank you Inner Wheel!

PDC Lata Palekar



Inner Wheel provides "Soup for the Soul" to all its members and society at large. Ours is the oldest Club in District 314 and it has been a saga of progress, with humanitarian and collaborative working amongst the Inner Wheel family. Our generation has to extend our support to the coming generation and make them aware of their social responsibilities. Our Rural Welfare Project at Wakdi, (Shantivan) has achieved its objectives by reaching out to the under-privileged. It provides a range of facilities like availability of water, good education, computer training, library facility, senior citizen home and vocational training centre. There is a well provisioned kitchen at the Leprosy Centre as well as an active Community Centre. At Shantivan, we can see the noticeable impact of our rural projects.

PDC Indira Kotak



Slumber Kit distribution in association with Rotary Club of Bombay.

Providing nutritious meals for rural school children.



A Rural Commitment



Solar lamps for remote villages.

Our Club is a major contributor to District 314's integrated Rural Development Programme covering 40 economically backward villages near Panvel, providing infrastructure, drinking water, sanitation, cow fodder, etc.

Inauguration of the toilet block project at Ambe village, Panvel.



Supplying cow fodder.



Shelves were sponsored for the girls' dorm. Association President Rashmi Sharma graced the occasion.

'Help a Child' provides education and maintenance for over 300 children.



Consistent Personal Involvement

It is extremely satisfying to witness IWC Bombay growing from strength to strength, in keeping with the tradition of our Founders – Purviz Banaji & Silla Ardeshir, who taught us the necessity of consistent personal involvement in grass root community service. IWC Bombay's rural project at Panvel is the longest running project for 50 years and more. For the past 22 years, this Club has supported rural projects actively and continues to support meaningful ongoing projects and also takes up new worthwhile causes for empowering the vulnerable sections of society. I congratulate President Rupali Sen and the entire team for taking a cue from their predecessors to work in the true spirit of friendship & service. Heartiest congratulations to incoming President Rashna Cooper and her team who will add a new dimension to ensure that the Club scales greater heights.

Raksha P. Mehta, Founder Association President of Inner Wheel Clubs in India & Sri Lanka



Founder Association President Rakshaben – IW Dist 314 was felicitated by the District on completing 45 years of IWC service.

A Special Place in Our Hearts

Members never turn away from reaching out a helping hand to disadvantaged children. Our support is ongoing to SEC (Society for the Education of the Crippled), CSED (Central Society for the Education of the Deaf) and BIDM (Bombay Institute of Deaf and Mutes) through donations, equipment, medical camps, picnics, Christmas party, outings, and much more.



Christmas party cheer at SEC School.



Medical Camp at SEC school, Agripada.



Kangaroo bags and nesting kits supplied for neo-natal ward at KEM.



Prize-giving at BIDM sports day.



Donation of CP chairs.



Zone I Presidents at the SEC picnic.



SEC schools' swimming gala.



Our youngest donor, Riya Doshi, contributes to the Battery Bank project at CSED.



Outing to Apollo Bunder with SEC children.



BIDM and CSED students visit the Aquarium.



The Inner Wheel Club of Bombay makes a considerable impact on the underprivileged and I focus my attention on the differently-abled and the old. I love seeing the joy on their faces when they are enjoying a fun-filled event we have planned for them. And that is what makes us repeat some events year after year. How satisfied I feel when it is appreciated !

PP Zarine Chothia



I believe that there is far more pleasure in giving than receiving, that armed with compassion and sincerity, you can overcome your self-doubts to become an accomplished orator and believe in your own abilities.

PP Chandrakala Agarwalla



Being part of the Inner Wheel Club of Bombay gives me a feeling of immense pride and a sense of fulfillment of having done something for the society. It also gives one an opportunity to meet other women, exchange ideas and showcase your hidden talents like singing, dancing, and other cultural inputs. For many women who would not like to pursue a regular career-oriented schedule, it gives ample opportunities to keep themselves occupied with projects, both at the club and district levels and one enjoys working at the grass-root level.

It's always a joy to be a part of the Inner Wheel family.

PP Sweta Vakil

Reaching Out to Seniors

Adding cheer to their lives, extending a helping hand... we continue the tradition because it makes such a difference.

Gift of a water cooler to Bapnu Ghar.



Crowning the dancing King & Queen of Parukh Dharamshala.



CSED kids entertain elders.



Donating lockers for the old age home at Shantivan.

Empowering Women

Our Club has long supported the entrepreneurial spirit in women through micro-credit schemes and vocational guidance and training. It runs a Vocational Guidance Centre at Dr. Babasaheb Ambedkar Municipal School, Worli, where courses are held in tailoring, beauticians' training, etc.



Learning skills at the Vocational Centre.



Prize-giving at the annual competitions.



PDC Lata showcasing the Micro-credit project to DC Himadri.

Our Club was the first IWC to set up a Micro-credit scheme for low-income women entrepreneurs. It is thriving under the stewardship of PDC Lata Palekar with 57 loanees this year.

The success of this initiative led to its implementation at the District level under the guidance of PDC Lata.

Mira Mehta Award



The Third Mira Mehta Award was presented to Rescue Foundation, Mumbai.

Inner Wheel Club of Bombay has instituted an Award in memory of the late PDC Mira Mehta, an Honoured Active member of the Club, from an endowment made by Rtn. Ramesh Mehta & family. This Award is for recognition and promotion of humanitarian work in the field of Development and Welfare of Women and Children. Nominations for this award are invited from all other Inner Wheel Clubs in District 314.



Our Club's Glorious Heritage

- First Club *to be set up in Maharashtra*
- First District Chairman, *Purviz Banaji (District 315)*
- First District Chairman, *Silla Ardesbir (District 314)*
- First Association President, *Raksha Mehta*
- First CCC Chairman of the Association Triennial Conference, *Silla Ardesbir*
- First Inner Wheel member in India to be felicitated with Margaratte Golding Award, *Raksha Mehta*
- First Club in India *that has given 10 Chairmen to the District*
- First Club in District 314 *to start with a micro-finance scheme*
- First Trust of IW Clubs in India – *Inner Wheel Club of Bombay Charity Trust*

Bonding Over Good Causes

There's never a dull moment at the Club's GBMs and events. Interesting speakers liven up every meeting and our members always add to the fun.



Members practise Yoga for Wellbeing & Health.



Shilpa reprises her 'Mebmood' performance accompanied by Malti.



Our nightingale Padma Shri Sudha Motwane regales members.



Celebrating with residents at Dignity Lifestyle Township.



Haldi-kumkum celebrations with the students of the Vocational Centre.



Spreading awareness by Welfare of Stray Dogs.



'Vriksharopan', a ceremoniously conducted tree plantation programme by members of Shanti Niketan Ashramik Association in which a sapling, carried in regal honor to the rhythm of music, song and dance, was planted invoking the five elements of nature.

Dist Chairman Himadri Nanavati and Rotary Club of Bombay President Shailesh Haribhakti graced the occasion along with guests and members.



The two years of my association with Inner Wheel has been a delightful experience. The team spirit and enthusiasm of members are contagious, and work being done is personally satisfying. Go team . . . !"

Ankita Bagri



This is my second year in Inner Wheel and I have thoroughly enjoyed myself. I have interacted with and learnt a lot from some very committed senior members.

Having participated in the Annual Picnic of the SEC School for handicapped children, seeing their faces light up with bright smiles, really moved me.

Dolon Ghosh

By the Ladies... For the Ladies

Our Club has allocated substantial funds towards a ladies' toilet block on Platform 1 at Marine Lines station. Apart from refurbishing the existing facility, a handicapped ladies toilet is being added and the façade of the existing men's toilet given a facelift. Indeed, 'Swachh Bharat' has been the driving force behind many of our projects over the years.

Kudos to President Rupali for her untiring and single-handed efforts in the complex task of coordinating with the Railway authorities, contractors, etc. We hope this project will make life easier for Mumbai's valiant women commuters.

TEAM 2015-16

<i>President:</i>	Rashna Cooper
<i>Vice President:</i>	Sweta Vakil
<i>IPP:</i>	Rupali Sen
<i>Secretary:</i>	Geeta Gogia
<i>Treasurer:</i>	Niloufer Vazifdar
<i>ISO:</i>	Dolon Ghosh
<i>CC / Asst. Secretary:</i>	Pallavi Nerkar
<i>Executive Committee:</i>	PDC Lata Palekar, Avi Dastoor, Soni Israni, Alka Roy, Soma Dasgupta, Radha Bajaj

All the Best for a Successful Year!

THE OUTGOING TEAM

President:
Rupali Sen

Vice President:
Roopal Thakkar

Immediate Past President:
Vandana Daga

Secretary:
Sandra Merchant

Treasurer:
Alka Roy

I.S.O.:
Zarin Havewala

C.C. / Asst. Secretary:
Niloufer Vazifdar

Executive Committee Members:

Jyoti Doshi
Indira Kotak
Susmita Mitra
Soni Israni
Shilpa Mehta
Ankita Bagri

A Great Job Done!



From left: ISO Zarin, President Rupali, CC Niloufer, Vice President Roopal and Secretary Sandra.

Prize-winning Poems

IW & Friendship

*To promote 'True Friendship'
Is the Inner Wheel object,
One can pen a thousand words
When 'friendship' is the subject;
When I joined the Inner Wheel
Friendship came and found me,
Before I had a chance to react
It wrapped its warmth around me;
Friendship is a priceless gift
Something that can't be bought or sold,
The real value of friendship
Is more precious than silver or gold;
When the Almighty asks you for a wish
Be grateful that He sends,
Not jewels, pearls, or diamonds,
But the love of genuine friends;
'Thank you' Inner Wheel Club
For giving me friends to show,
It is the light of this friendship
That gives my world its glow!*

Zarin Havewala – ISO 2014-15



CLUB CORRESPONDENT 2014-15



Participation is the key. I joined Inner Wheel primarily because I had always wanted to do something for the under-privileged and that too in a hands-on fashion. Although initially I was involved in a limited number of projects, it was only when I took on the role of CC and participated actively that I felt the satisfaction of DOING something worthwhile. From merely attending the GBMs, I was catapulted to organising several projects and I got a more intense feel of the Inner Wheel movement. For that opportunity, and the realisation of my inner desire, credit goes to a large extent to my President Rupali Sen, who lit the fire within me, and to her team.

Inner Wheel is not about money; it is about doing something, however small, that brings a little light, a little joy to someone's life. And, yes, I have enjoyed it enough to continue to play an active part next year, as Treasurer.

Niloufer Vazifdar

Inner Wheel – A Golden Future

*Women joining and connecting across the world
A force so powerful, a mission unfurled;
What makes them gather? What is the appeal?
To offer support and solace with unparalleled zeal;
That, quite simply, is the essence of Inner Wheel.
A movement deep rooted, it's nine decades old
Growing bigger each year as more join the fold.
One hundred thousand devote time and resources
In a hundred countries they adopt worthy causes.
Truly, Inner Wheel women know how to join forces.
From helping the poor to treating the sick
Building remote village houses, brick by brick;
The old are revived, the disabled encouraged;
Help is forthcoming in areas much ravaged
With true love and concern the afflicted are salvaged.
Bringing joy to thousands is a feat to behold
Each member's commitment is more valued than gold!
With worthy ideals, such momentum they create
Even space honours them with asteroid 8418.
Inner Wheel's potential is boundless, it will never abate.*

Sandra Merchant – Secretary 2014-15