



IWC Bombay



In Touch

September 2022





Neela Parikh
President 2022-23

Dear Members,

Let us once more strengthen our commitment 'Selflessness in Friendship, and Service to Humanity'.

Over time, we have systematically displayed stronghold of social work. Our members have individually extended support to every activity, and I am hopeful of their continued enthusiasm.

Let's make our inner ties stronger.

Neela Parikh.

President 2022-23

Important Dates in September

10th and 11th September

Event :Association Event -West Zone Meet

Venue :Express Inn, Nashik

14th September

Event :Club Event - 2nd GBM

Venue :Adam Wylie Physio Rehab Centre

Time :3.30pm

22nd September

Event :District Event -District Rally

Venue :Bal Gandharva Rang Mandir, Bandra (W)

Time :9am to 1pm

Registration 1900/-; last date 5th September

28th September

**Event :District Event - Women Health Day Event
with RID 3141**

29th September

Event :District Event -National Medical Seminar- 2

Venue:Zoom

Time :Time and Zoom link closer to the date

**Dr. Akshay Mehta and Dr. Ponde Reputed Cardiologists
will speak on 'Romancing the heart of Woman with
Awareness' and 'Practical Approach to Hypertension'**

Projects

District Project - Surakshit Bachpan

An interactive session in 'Life Skills' with Standard IXth of SHED (Society for Human and Environmental Development) on 26th August 2022.



Club Projects in August

Initiated by IWC Bombay Bayview, a joint project was undertaken with IWC of Zone 1 of District 314, for ALERT-INDIA (Association for Leprosy Education, Rehabilitation and Treatment - India). Donation of Rs. 40,000/- per club was collected for Selfcare with 400 Ulcer Dressing Kits and 300 MCR (Microcellular Rubber footwear) specially made for Leprosy Patients.



The Shoes and its parts are designed by the team, and made in - house. The wear and tear of the shoes as a result of the patients' walking pattern, are not more than six months



Patients waiting in line The Donors representing the IW Clubs of Zone 1

Laughter Therapy session was conducted by Digi Engineer, at SEC school (Society for The Education of the Challenged) on 25th August 2022.



Laughter of the children of SEC School said it all!

Ongoing Projects

Vocational Classes

Students of Mehendi Class showcasing their art



Adult Literacy



New Admission of students for education in English Medium, at the Ambedkar Municipality School, BDD Chawl, Worli

Teaching in progress as per the syllabus of NIOS (National Institute of Open Schooling)



As the entry to the Ambedkar School is restricted to the mothers of the students only, special online classes are on for others, in English and Hindi, from 3pm to 4pm, everyday. House maids / drivers / security personnel or anybody else may avail this facility (contact 9320505460).

KEM Project

As a monthly supply to Neonatal Ward, KEM Hospital, 100 kangaroo bags, 50 bonnets, 50 jhablas and 50 mattress covers were delivered on 22nd August 2022



Microcredit Scheme

Testimonials of the ladies who received loan in July 2022



Akshata Mandavkar added stationeries to her store to improve her sale.



Tara Khandijod started Tiffin Service, for hostelites and office goers.

Shantivan, Panvel

Ashramshala at Shantivan , Panvel, was started in 1994 to provide education to the children of tribal communities and bring them at par with educated citizens of India. The school has expanded since then and had 100 percent SSC result last year. Leprosy Hospital (under Kushtarog Niwaran Samiti, KRNS) at Shantivan helps in treatment of the said patients. The latest multi drug therapy and prevention of deformity by reconstructive surgery of cured patients , are applied in the hospital. Jersey Cow Unit provides milk at a reasonable rate to the children of Ashramshala, Leprosy Patients, and also caters to the senior citizens of old age home, and social workers. Our Club donates generously to help a child project, Rs. 2,500/- per child per year, midday meal for the ashramshala children or for the leprosy patients, Rs. 5,000/- per day and for cow fodder Rs. 750/- per



Students of Ashramshala



Midday Meal for Students



Midday Meal for Leprosy Patients



Cow Fodder

Events in August 2022

10th August 2022

OCV (Official Club Visit)



DC Mita Sheth in a discussion with President Neela, Hon. Sec. Arin and ISO Kausar



DC Mita Sheth with PP Jayati viewing the digital report on Microcredit Project



DC Mita Sheth with Hon. Treasurer Roopal



DC Mita Sheth with CC Mita, appreciating the printed version of monthly electronic Newsletter 'In Touch'



**DC Mita Sheth with President Neela and Her Team
 Hon. Sec. Arin, PP Jayati, ISO Kauser, DC Mita Sheth, Hon.
 Treasurer Roopal, CC Mita, Trustee Treasurer Rupali, President
 Neela**

2nd GBM



**President Neela conducting her 2nd GBM
 CC Mita, Hon. Treasurer Roopal, IPP Shilpa, DC Mita Sheth,
 President Neela, VP Shivangi, Hon. Sec. Arin, ISO Kauser**



Installation of New Members, Bapsi Banajee and Firuza Khan



Quiz Competition

An interactive Quiz Session after the GBM, designed by Zainab and conducted by PP Sweta



Members Singing Patriotic Songs to celebrate upcoming 76th Independence Day!



Group Photo with DC Mita Sheth, after OCV and GBM CCI, C. K. Nayudu Hall , 10th August 2022

Flag Exchanged in August

ISO Kauser exchanging flag with IW Club of Hubli, Dist. 317, on 8th August, 2022



Fellowship

24th August 2022

Visit to First Exclusive Museum of Indian Cinema on 24th August 2022. The museum showcases the history of Indian Cinema. It is a storehouse of information to the layman to know and evaluate the development of cinema as a medium of artistic expression.



At Film Division Complex, Peddar Road, Mumbai



Cinematic Illusion



Waxwork of Maestro Satyajit Ray

Birthdays in September

3rd Sept.



Mita Roy

10th Sept.



Manisha Pamnani

12th Sept.



Manju Agarwal

15th Sept.



Susmita Mitra

16th Sept.



Bharti Garg

20th Sept.



Firuza Khan

21st Sept.



Kanta Anand

21st Sept.



Rupali Sen

27th Sept.



Anita Parikh

Know Your Member

I am Alka Roy , Punjabi. I have been a Montessori teacher at Casa Bambino for many years. I joined the IWC Bombay in 2010 and have served as a Treasurer and VP. I was also Literacy Program in-charge at the BD Ambedkar School,Worli.

I have two children a son and a daughter. I love the relationships and friends I have made in our club and believe in the adage 'live and let live'. Take each one for what they are.



I am Ankita Uttam Bagri, Marwari - Maheshwari. Born and brought up in Jaipur and a hardcore Mumbaikar since 2000. I am a graduate in Commerce and a Textile Designer by qualification. A home maker at heart, working part time in the family business of Stock Broking.

I joined IWC of Bombay in the year 2013. Have served as CC (Club Correspondent) for three consecutive years 2018-19, 2019-20 and 2020-21.

Proud mother of 20 year old son (studying abroad) and a teenager daughter. I Enjoy travelling and meeting people



I am Arin Master, a Parsi. I am a member of Rotary Club of Bombay. I am involved with the day to day working of our business that covers everything connected to shipping. I also manage two family Charity Funds, to help the under privileged .

I am a member of Rotary Club of Bombay. I became a member of IWC Bombay in 2019-20. This year I have taken the post of Secretary of the club.

I have a son and two teenage grand kids(grand son and grand daughter). My daughter (unmarried) is settled in London. I enjoy travelling.



I am Armaity Tirandaz, a 78 year old Parsi, active and energetic. A physiotherapist by profession (non-practicing now), and a background of social service in both human and animal welfare. This year I was elected as Trustee Member of Parsi Panchayat for the third consecutive term. I have two sons and one grand son; lost my husband in 2009. I follow the principle of "Letting go" as I believe that "Change is the only constant" in Nature and it begins with the "self".



With my Family on my 40th Anniversary

I am Arti Sanghi. I hail from Jammu, born in a Punjabi family, and married into a Marwari family. I have worked in my family business - Sah and Sanghi Group of companies. I joined IWC Bombay in 1998 and was President in 2002-03.



I also worked for many years on the Executive Committee of Women's India Build under Habitat for Humanity which builds home for the poor and needy. Have also served as treasurer in 'Indus international', and chaired various committees.

Have served as President in LW of IMC in 2013-14. I have been actively involved in a citizens group of my area. I am a qualified teacher of Sogetsu School of Ikebana. I am indulged in various types of fitness regimes including Yoga, Aerobics, Pilates. Jewellery Designing is my passion and am fascinated by religion and Philosophy.

I am Ashwini Vernekar, a Maharashtrian. I have qualified in teaching children of special educational need. I am part of the 'Educational Support Services Committee' in Wadia Children's Hospital's Centre called 'Swayam'; involved in educational assessment and remediate kids who are lagging behind academically. I have started an initiative called 'Sapling' for children in middle School, to facilitate their scholastic performance. I joined IWC Bombay in 2018 and served as CC in 2021-22.



I have a daughter 21, and a teenage son. I am passionate about music, love nature, travelling and reading. Appreciates Indian culture, classical music and dance. My motto is Live and Let live, work hard , party harder.'

I am Avi Dastoor, Zoroastrian by birth.
I joined IWC Bombay in 1993-94.
My aim is to promote love to all. Social Work starts with being able to communicate without making anyone feel different or underprivileged.
I have two children a daughter and a son and two lovely grand children.



Literary Section

LIFE JOURNEY WITH INNER WHEEL

This Story is about how, Inner Wheel Club of Bombay helped a member to change the course of her life, to achieve a purpose in life and in the process gained friends who became her family.

This story is about me (Jyoti Doshi). I'll try and be as brief as I can; Inner Wheel is a passion and philosophy in my life so I do tend to get carried away.

The story begins in the year 1993-94 when then President Rekha Tanna invited me and inducted me as a member. The first few months went in understanding this organisation. I was fascinated to see these groups of women conducting meetings so systematically. Every Appeal for funds was debated for its benefits to the Society, it's authenticity established and only then was taken up, money collected and donated. Some members regularly visited institutions and helped in various ways. Since this was the first time out of my Ivory Tower, (a little about my background. I came from a very protected environment and got married into a well known business family, so once again into a very protected environment) Inner Wheel was quite an eye opener. One day a Senior member Ms. Mrinal Kher called me to be part of a Project at Seva Sadan. It was at 2.30 pm. I thought to myself that how can I give up my afternoon

siesta. But Mrinal's enthusiasm won and I was there at Seva Sadan. And rest as they say is history.

I became aware of this other belly of Mumbai. Soon I was part of doing my bit for Social Goal. I realised that even though money was important, giving your time and energy by Volunteering was equally important.

I was asked to be the Treasurer. I learnt all about banking, maintaining accounts, receipts, Audited Accounts. As the Hon. Secretary, it was fun writing the minutes, preparing reports. A whole new world had opened up. As the President I got to be known on my own merits. This was the most satisfying year.

My teacher in School had penned in her farewell note to me – 'Always Do Usual Things Unusually Well'. Magically these lines flashed before me when I was being installed as the President. I made it my mantra.

I was encouraged to go to the District and that proved to be another learning graph. Lessons learned are too numerous but I would like to recount some of them :

- i. Every woman has talent and one has to learn to spot it.
- ii. While taking part in various Inner Wheel Competitions, I discovered I could write, knit, paint, organise events, act, dance.....
- iii. When I attended Inner Wheel Conferences (Triennial etc), I saw the real power of women. They could organise and handle 2000 or more women delegates with meticulous planning.
- iv. I have found a family in Inner Wheel.
- v. Now I know what is delegation of work and trust the person to

complete it.

vi. Time management.

I would like to end this by saying – There are three things- Nature, Nurture and Culture. Inner Wheel teaches us all these. We should look beyond self. And if we change our thinking to selflessness, surely our nature goes through transformations. Since we are part of an organisation, it helps us to nurture this and it leads us to adopt it as our Culture.

PDC Jyoti Doshi



PDC Jyoti Doshi has had a very illustrious career with the Inner Wheel, serving two terms as president and one as District Chairman. She is a guiding light to all incoming office bearers and is the mainstay of our Inner Wheel projects, a major donor contributing every year to the projects.