# Newsletter of Inner Wheel Club of Bombay June 2020



IIIW President
Phyllis Charter

Association President & NR

Mamta Gupta

District Chairman (Dist. 314) **Dr. Devangi Vakharia** 

President, IWC Bombay **Jayati Dasgupta** 

Compassion

# Commitment





Donated 3000 meals to children on World Food Day through Mr. D. Sivanandhan, the former Police Commissioner of Mumbai, and founder of Roti Foundation



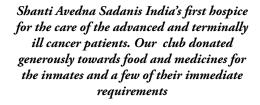
Together we can



Adult Literacy students showcase their skills on Independence Day



Music therapy session by
Ms. Manasi Kelkar was conducted at the
day care centre of Dignity Foundation in
Jogeshwari



NNER WHEEL CLUB \* BOMBAY District 214



Donation to V-care – Donated towards retinoblastoma operations for children afflicted with cancer of the eye



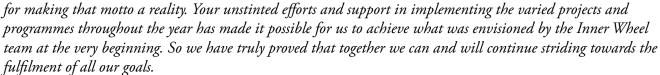


Inner Wheel Club of Bombay

#### District Chairman 2019-20, District 314

Congratulations President Jayati & your team for a giving one more stupendous Inner Wheel Year to your Club & District at large. If gratitude is the expression of happiness doubled by wonder, then my cup of happiness is filled the brim, nay, overflowing.

During our Golden Jubilee Year, 'Together We Can' was the guiding principle of the Inner Wheel. In this very context, I wish to express my appreciation and utmost thankfulness to all the Club Presidents and the members of all the Inner Wheel Clubs



Whatever the challenges thrown up by circumstances, they were met with strength of purpose and single-minded dedication with the uppermost thought being carrying out our responsibilities with the determination to resolve all crises with amicability. You rose to the occasion contributed in a manner I must appreciate and applaud.

Be it IIW, Association & District Projects of Golden Jubilee Project — Community Centre at Saphale, Swayyam-Learning Disabilty & Counselling Centre at BaiJerbai Wadia Hospital, Ecothon, Mission Mamta, Inner Wheel School at Sonavane, Covid -19, Surakshit Bachpan, & OUR GOLDEN JUBILEE CELEBRATION — GOLDEN TAPESTRY —A WOVEN VISION.

If success is measured through the eyes of the world and satisfaction by our own, we can always claim that we have striven towards attaining it. And anyway, some of it is yet to be seen, while it is hoped that time will prove it so. It is also said, 'He is well paid that is well satisfied' and I am sure the satisfaction we have all felt in doing a good turn is our greatest reward; however, it will not be complete without my expression of deeply felt thankfulness.

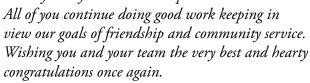
So once again, thank you for this partnership in bringing about positive change. Together we look forward on making a difference in our community. "TOGETHER WE CAN STRENGTHEN OUR FRIENDSHIP"

## Dr. Devangi Vakharia

#### Founder Association President

Ongratulations for a highly successful run in

colly-20. Your worthy projects, interesting meetings, fellowship and team work have been in the true spirit of our prestigious club. I am extremely proud that our club scaled greater heights under your dynamic leadership.



Yours in Inner Wheel,

Raksha P. Mehta

### Ext. Service Organiser, Past District Chairman

Our club has seen an all-round growth in every way in this year 2019-20, when you have led us as a leader. The thought and compassion you have put in every project undertaken is an

exceptional quality you have.
Congratulations for a
service filled year. You
have led the club like a
true leader and taken
the club to a new high.
Thank you for all the
interesting and inspiring
GBMs and wish you all the

GBMs and wish you all the very

Jyoti Doshi

#### President 2019-20

 $T^{b}$  lead a prestigious club like Inner Wheel Club of Bombay for the year 2019-20; to  $T^{b}$  earn the support and encouragement of all my club members; to get an opportunity to make a meaningful contribution to the community was like a dream come true for me. I extend my gratitude to all the senior members of my club who bestowed that faith on me.

The last twelve months was a wonderful journey, more so, as it was the Golden Jubilee year of our District. It was a pleasure and privilege to work under the able guidance and leadership of our District Chairman Dr. Devangi Vakharia.

This year we supported several projects that touched the lives of various sections of our society. This included the physically challenged, Children of SEC, adults, senior citizens, and the babies in foster care. We extended educational aid to children and medical help to cancer patientsthrough various organisations. We provided meals to the needy on world food day and to the migrant workers during lockdown.

I am happy that we had an extensive participation from our club in various District events and our club members won several prizes and accolades.

The fellowship events and outstation trips organized by our club helped increase bonding of our members. The joint Fellowship of our club with eight clubs of District 308(Dehradun) was a memorable event for the sheer engagement and bonhomie created among all members. These events exemplified the true spirit of Inner Wheel. I wish incoming Club President Swati Bhansali and her team all the best for the coming year.

Jayati Dasgupta

### INSTALLATION



The Installation of the 57th President of IWC Bombay was at CCI Club on the 17th of July 2019.

Rtn. Preeti Mehta, President, Rotary Club of Bombay was the Chief Guest and Dist. Chair-

man Dr. Devangi Vakharia was the Guest of Honour.





# **CHRYSANTHEMUM**



District Conference "Chrysanthemum" on 10th Jan 2020 at Taj Lands End

# **HIBISCUS**







District Assembly - 'Hibiscus' on 26th June 2019, at Nehru Centre, Worli. Our club members handled the Registration desk very efficiently.

## **DISTRICT PROJECTS & EVENTS**

Our club donated 13 lakhs towards the District Projects through our generous donors PDC Jyoti Doshi, PDC Indira Kotak and PDC Lata Palekar.



This year, the District Golden Jubilee project was the construction of a Community Centre and kitchen in Saphale. This will service 95 villages in that area.





With guest speaker Hon. Minister Smriti Irani at the District Rally



A school in Palghar which was in a dilapitated condition was also renovated painted & refurnished under the District Inner Wheel School Project



PDC Kanta Anand, PDC Lata Palekar, PDC Indira Kotak with members at the District Rally

### PROMOTING INNER WHEEL







Our club supplied baby nestings, jhabla, caps, kangaroo bags and mattress covers to KEM Neonatal Department every month. These were stitched and branded with our

club logo by the students of our vocational training classes.

Supported 13 children for foster Care through Indian Assn. for Promotion of Adoption (IAPA)



Umbrellas from NADE (org. for the challenged) were branded with IWC Logo and distributed to postmen in Parel.





### WOMEN EMPOWERMENT

### **Vocational Classes**



Our club runs a vocational training centre at Dr. Babasaheb Ambedkar Municipal School, Worli, where tailoring, beautician courses and mehndi application are taught to the ladies of underprivileged sector. We also run a micro credit scheme which allows women entrepreneurs to start their own business. These courses are being conducted quite a few years now and we have many success stories.

### Mira Mehta Award

This award in memory of late PDC Mira Mehta, an Honoured

Award

Active member of the Club, is from an endowment made by Rtn. Ramesh Mehta and family. This award is for recognition and promotion of humanitarian work in the field of development and welfare of women

FOR OUTSTANDING SOCIAL WORK and children. Nominations for this award are invited from all other Inner Wheel Clubs of District 314.

This year's Mira Mehta award recipient was Ms. Arti Naik from "Sakhi for girls Foundation" .



### **EDUCATIONAL SUPPORT**

Our club provided educational aid to various schools as well as for higher education.



Our club supported the educational of 217 rural children of **Ashramshala**, Wakdi



Started remedial classes for Std. Ist to IVth for the very weak students of **Dr. B. Ambedkar School.** The children showed remarkable improvement within a month.



Donated towards education of children of **Sachidanand Foundation** 



Adult literacy classes for learning Hindi and English are conducted regularly for around 85 students at **Dr. B. Ambdekar School**, Worli. They are being taught the NIOS syllabus.



The Bombay Institute for the Deaf and Mutes, Asia's oldest institution for the differently abled, is 135 years old. Founded in 1885 its goal has always been to help the differently abled lead a life of self-worth, respect and independence. Vocational training, like bookbinding, screen-printing, craft and needlework is imparted to the children to equip them to face the challenges of life and become financially independent. Our club sponsored their Sports Day and also provided financial aid.



The Bajaj Institute of learning for Deaf in Dehradun, address the educational and training needs of handicapped persons, especially hearing/speech impaired. It aims to provide, quality services that would equip them towards economic independence and self-sufficiency.

Our club provided financial aid to this School.

**Society for the Education of the Challenged** (SEC) is a school that educates the physically handicapped children from the under-privileged strata of society. SEC tries to bring about holistic development in the child by encouraging children to participate in sports, swimming, cultural activities, art, vocational training, educational camps etc to enable them to be confident to face life in future. The students look forward to these events with great excitement.

Our club sponsored the annual picnic, swimming gala, Christmas and New Year celebrations for the children besides conducting an eye checkup camp and dental hygiene workshop for the children. This was through the generous donation of Past President Sandra Merchant.



Annual School Picnic



Eye and Dental checkup camp



Swimming Gala



Christmas Party



Paediatric seats for children



Dental hygiene workshop

# Bringing smile to the elderly





Our club sponsored the **senior citizens day celebrations** on 1st October at Parukh Dharamshala. The members sang songs and played games with them to make it special.

We celebrated Christmas and New Year with them too and organized a talent contest for the seniors. The best responses won them the King and Queen title! The event was enjoyed by all.

# Environmental Project : Rain Water Harvesting at Dignity Foundation, Neral

A huge artificial pond is being constructed to store the rain

water.
This water will then be cleaned and used for domestic purpose.
The water will also



be filtered and purified by a water filter to make it potable and then be used by the patients of the Dementia Centre.

The project will also use the runoff water from the higher slopes, to recharge 4 wells. Which will help increase the underground water table of the area. This will benefit the villages around the area.



#### Relief to flood victims

Emergency Kits with essential Items were donated to the flood victims of Maharashtra through Habitat for Humanity.

# Food to the hungry

During Lockdown, members donated generously to provide food to the daily wage workers and slum areas for several days.



# PPE kits donated to Sion Hospital

394 PPE kits were donated to the doctors and staff at SION Hospital. This District projected

was supported by our club.





# Celebrating Haldi Kumkum











Haldi Kumkum was celebrated for the students of our vocational class. The competitions for mehendi/ tailoring/makeup were of a high standard. The students put up various performances as well.

Chief Guest Mrs. Falguni Padode and Guest of Honour District Vice Chairman Mrs. Amala Mehta distributed the annual prizes and certificates to the students.



Our members sponsored food boxes for all and gifts for the participants and winners of the competitions. The commitment and guidance of the teachers and members was appreciated by all.

# **Art Competition**





**The Prafulla Dahanukar Art Competition** was held for 100 students of Std. IXth of Colaba Municipal School. Judge Anjana Khanna had a tough time choosing the best three paintings. Since many of the paintings were very good, our members sponsored a few more extra prizes on the spot.

### **INTER-CLUB COMPETITIONS**



**ISO Zarin and Treasurer Shivangi won the 1st Prize** in "Bol Mere Geet Tere" singing competition after going through several elimination rounds. The competition was jointly organized by IWC of Bombay North Island and IWC Mumbai Khar on the 7th of August at Khar Gymkhana.

Past President Vandana Daga won the 2nd Prize in "IN TAAL".

This music competition was organized by IWC **Bombay Airport** where around 120 participants from various clubs had enrolled. It offered a platform for hidden singing talents to hone their skills beyond their selfless work throughout the year. It was a treat to hear Vandana sing.





Participated in **Dubsmash** 

Our club won the 3rd Prize in photography competition organized by IWC Bombay Midwest captioned "We are Indians" on the 15th of August, 2019, to celebrate Independence Day.





IWC Bombay Bayview conducted a quiz programme "InQuisitive" on the 4th of December at Ravindra Natya Mandir, Prabhadevi. In all 60 clubs participated, our team reached the Semi-Finals.



Members participated in the **All Women's Car Rally** from Mumbai to Amby Valley. It was a speed distance rally and we enjoyed navigating using the Tulip Chart and calculating speed and distance to be maintained for the rally.

## **CLUB EVENTS & FELLOWSHIP**





Christmas was celebrated in a fun way. Members sang carols and performed a Indo-Western fusion dance. The chef's demonstration arranged by our gracious host Radha Bajaj was enjoyed by all.



Independence Day was celebrated with our members and students of vocational classes. The students put up a short skit and the members were dressed in attires of different states of India.



Visiting our dear PDC Silla Ardeshir, (the 1st PDC of District 314, and she gave us the Inner Wheel Prayer) is always a pleasure.

### Renowned Vedanta Guru, Jaya Row addressed the members and spoke on "Relationships: From discord to accord." This was well attended by members as well as the District Executive Committee.









It was a fun day at the beautiful bungalow of Arti Sanghi in Lonavala, where we had our picnic. The day was full of interesting outdoor games and some quick-witted indoor games. Members tried their hand with 'Nine Pins', 'Ringing the object' and 'Darts' and their child-like enthusiasm was so evident. We enjoyed the wonderful spread and came back with lovely memories. It was a day that would most certainly be remembered for a long time.

### **FELLOWSHIP**

# Outstation Trip to Rishikesh, Dehradun, Mussouri

For the past three years our club members have organised outstation trips. This year too it was a four day trip.



We visited Dehradun at the Himalayan foothills, Rishikesh the spiritual city on the banks of Ganga, Mussoorie and its twin town Landour. The trip included a



visit to the Beatles Ashram, the unique Ganga Aarti at sunset at TriveniGhat, a visit to the Bajaj Institute of Learning for the Deaf, and finally an inspiring visit to the Indian Military Academy, an Officers Training Camp of our armed forces.

This was a great bonding time for our members and we came back with wonderful memories.

(above right) A breathtaking view of the Ganges

(above left)Beautiful Ganga Aarti at Rishikesh

(right) A visit to Indian Military Academy (IMA), Dehradun, the training centre for the Indian Armed forces.





Warm welcome by the children of Bajaj Institute at the airport



The happy faces say it all!



Thrilled to see the IWC logo in Mussouri, Mall road!



All set to return, with happy memories

### **OFFICIAL CLUB VISIT**

For our club, the Official Club Visit (OCV) is a celebration. We look forward to it. This year, District Chairman Dr, Devangi Vakharia lauded our club for all the good work done over the years. She showed her respect towards all the Past District Chairman of our club and asked us to carry on their legacy.



### **ZONAL FELLOWSHIP**

We shared an extremely good relationship with all our Co-Presidents of Zone-1. We attended several Installations of our Co-Presidents and participated in various fellowship programmes organized by other clubs.



IWC Bombay Bayview



IWC Bombay Hanging Garden



IWC Bombay Central



IWC Bombay North

### INTER DISTRICT FELLOWSHIP

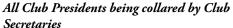
This year there was a mega Inter District fellowship organized between District 314 (Mumbai) and District 308 (Dehradun). Eight clubs from



Dehradun participated in this programme. IIW Board Member Patricia Hilton was felicitated by our club PDC Falguni Mehta. The evening was well spent in music, dance and games and we had a good time.



With IIW Board Member Patricia Hilton







A cultural evening of dance, music and games

#### FLAG EXCHANGE







One of the objects of IW is to promote friendship. An ISO has to promote friendship not only within the District but also with members of other Districts within and outside the country. As a symbol of friendship whenever she meets friends from other Districts she exchanges club flags. This year ISO Zarin exchanged Flags with 13 clubs from various districts.

### FROM OUR IW DISTRICT BLOG:

### I Am Ready My Lord

There are many paths that lead to heaven, But we can tread just one; Bright in places, and dark in some, Courage and faith will lead us on; Many emotions will flood our minds,
And tempt us to go astray;
Cherish the goal that we must follow,
And shed all attachments along the way;
Let's free our hearts and mind and bodies,
Of the heavy burdens we must bear;
Let's live in each moment with peace and
grace,
And soar like birds without a care;

At the precise moment
that we must leave,
When the call comes
from High;
Let's smile and say "I'm
ready my Lord"
With tears of joy I'll bid Good-Bye!

I'll bid Good-Bye!

Armaity Tirandaz

# Some of our Prize winning Essays

### Terribly Tiny Tale

Conversation between an amoeba and God:

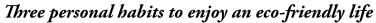
Amoeba: God, why am I the only surviving creature here?

God: Once upon a time on a planet called Earth, there was greenery, trees, animals, birds, insects, rivers, mountains and glaciers. I had also created a species called the humans, who I thought was my best and the most intelligent creation. But alas! The greed of humans has destroyed all my beautiful creations.

Amoeba: So are you going to start the entire process of creations all over again?

God: Yes, but now I shall create all the species except for the humans. Earth would be a happier place without humans.

Zarin Havewala, ISO





An apt description of a mother would be - a selfless entity who gives her 'all' to her children. Would I not do, just about anything to protect her health? There is a reason, this planet we inhabit is called Mother Earth - she gives us all we need, unconditionally. Her health is our environment. Just as I wouldn't be nonchalant about my mother's well-being, I wouldn't be unconcerned about our 'environment'.

Basic lifestyle adaptations is all it takes, to impact a change.

Firstly I'd start to practice, CONSCIOUS CONSUMPTION. Commodities are for usage or enjoyment, not for 'wastage'. Buy needful supplies of essentials, avoid excess and exercise discretion in making purchases. My quantum

of happiness is not proportional to the quantity of material possessions I stock. I'd adopt preservation measures like saving on electricity, using public transport whenever possible, thus reducing carbon footprint.

Secondly, I'd be careful about WASTE DISPOSAL. Minimum plastic usage, use of recyclable products, goes far, in controlling damage to our plant and marine life. Harmful emissions of toxic gases, frequency of climatic disasters can be curbed with mindful practices exercised by us.

Thirdly, I believe in TEACH. The 'reach' of 'teach' is unbelievably strong. I'd exercise good habits sincerely, because I know, that my family, is unconsciously observing, imbibing... Also, I'd try to influence children in my vicinity to practice healthy habits, because they can soak up useful ideas rapidly and could implement them in their daily living. I'd try to teach my domestic help, simple ways to create more sustainable surroundings. The belief - "educate a girl, and you educate a family", rings true.

Environmental protection is not only a moral obligation. It's a basic need for survival. We have ignored, abused 'our mother's health' for far too long....it's time to make drastic amends...

Zainab Lokhandwalla

### THE OUTGOING TEAM

President: Jayati Dasgupta **Executive Committee** Vice President: Swati Bhansali Members: Pallavi Nerker PDC Falguni Mehta Imm. Past President: Vatsala Jatia PP Sweta Vakil Secretary: Shivangi Sheth PP Rashna Cooper Treasurer: ISO: Zarin Havewala PP Arti Sanghi Ankita Bagri PP Geeta Gogia CC/Asst. Secretary:

Charity Trust Treasurer: PP Komal Israni Soni Israni Microcredits Chairman: PDc Lata Palekar

### THE INCOMING TEAM



President: Swati Bhansali
Vice President: Shilpa Mehta
Imm. Past President: Jayati Dasgupta
Secretary: Vatsala Jatia
Treasurer: Shivangi Sheth
Neelam Goyel
CC/Asst. Secretary: Ankita Bagri
Charity Trust Treasurer: PP Komal Israni

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PDC Lata Palekar PP Rupali Sen Najma Murad Kauser Murad Sadhana Jain Pervin Jehangir